

ARE YOU A ROLE MODEL??

Farid Ahmad Khan

Introduction

“Good teacher teach, while role models inspire and motivate”

In order to answer this question, first of all I should ask myself what are the qualities I want my role model to have.

First and foremost is that he is a visionary person and is able to see beyond the borders and timeline.

Second quality is he has a mission and he takes that as a passion, let it be teaching, training of his students, erecting a new institute of his specialty or building a new hospital or a medical college.

Remember that mission or passion should be beneficial not only for him but also for others to go beyond his life time.

One should remember that if one wants to build a commercial building a buy a house, it would not be a mission but a simple project, from which public at large would not be benefactors after one’s demise.

Next quality of a role model is that he should be fearless.

If any obstacle frightens him he can’t be a leader rather that obstacle should become a challenge in a Journey towards that bigger destination.

Next quality is to be non compromising on principals, it is the most difficult quality to have in this day and age and it doesn’t mean that your role model should be stubborn and proud but he very politely and quickly pursues his mission with determination and zeal.

In medicine our role model should have some additional personal qualities like punctuality, credibility, personality, empathy and competence in his field.

Last but not the least our role model or mentor should possess academic excellence as our superiority does

not come with grades or ranks now let us try to find all these qualities in ourselves and see how many we possess to fulfill these stringent criteria when I looked into myself I was very empty, indeed finding the answer to my question why we have so few mentors and role models. I have tried to follow these principles, have you??

Farid Ahmad Khan
Deptt. of Plastic, Services Institute of Medical Sciences, Lahore.

Correspondence:

Prof. Dr. Farid Ahmad Khan
Submission Date: 30-10-2020
Acceptance Date: 07-11-2020